

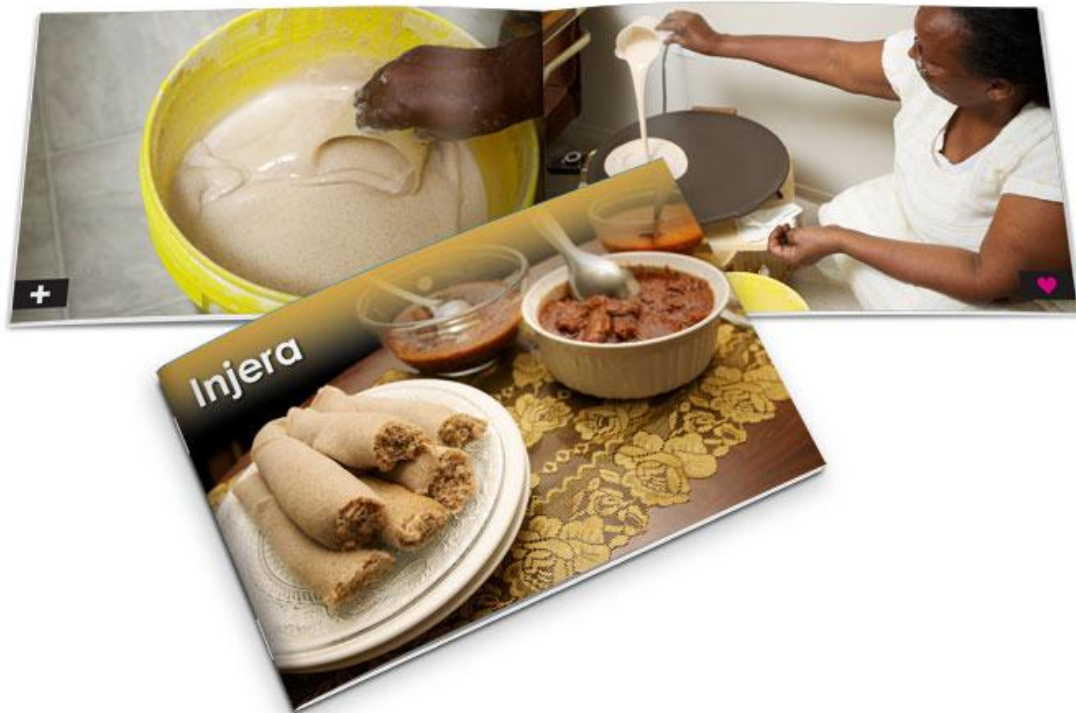
Overview - Injera



Bread is a universal food staple. Some form of the bread **Injera** is prepared in Ethiopia, Eritrea, Djibouti and Somalia. Here is a wonderful opportunity to discuss various grains of the world, where and when they are harvested, and how to prepare injera. Throughout the methodology there is explicit attention to word sorting with initial consonants, syllabication and imperatives within the context of preparing injera.

Importance of Personalizing

Encourage the students to share their bread-making process. Compare the bread in Canada with the bread from another region of the world, such as flat breads versus loaf breads. Discuss the similarities between pancakes and injera.



Language Development

Vocabulary:

Nouns: grain, millet, teff, barley, wheat, oats, corn, soybean, rice, plant, harvest, 12 months of the year, bubbles, yeast, water, flour, flat, cupful, griddle, batter

Verbs: take, put, pour, ready, roll, rest, look, let, batter, slide, serve, cook, wait, add

Phonics: initial consonant sounds

Two sounds of G: gym, age, cabbage, go, get, good, girl, give
large, glue, gate, germs, ginger, gas, George, gloves, page

Double consonants = two syllables: letter, bubbles, address, little, coffee, supper, happy, dinner, carrot, lettuce, griddle